**MEKİK TESTİ DEĞERLENDİRME TABLOSU**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TEKRAR SAY.** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 60 | 100 |  |  |  |  |  |
| 59 | 99 |  |  |  |  |  |
| 58 | 98 |  |  |  |  |  |
| 57 | 97 |  |  |  |  |  |
| 56 | 96 |  |  |  |  |  |
| 55 | 94 | 100 |  |  |  |  |
| 54 | 92 | 98 |  |  |  |  |
| 53 | 90 | 97 |  |  |  |  |
| 52 | 89 | 95 |  |  |  |  |
| 51 | 88 | 93 |  |  |  |  |
| 50 | 87 | 91 | 100 |  |  |  |
| 49 | 85 | 90 | 98 |  |  |  |
| 48 | 84 | 88 | 96 |  |  |  |
| 47 | 83 | 87 | 94 |  |  |  |
| 46 | 82 | 85 | 92 |  |  |  |
| 45 | 80 | 83 | 90 | 100 |  |  |
| 44 | 78 | 81 | 88 | 98 |  |  |
| 43 | 76 | 80 | 86 | 96 |  |  |
| 42 | 74 | 78 | 84 | 94 |  |  |
| 41 | 72 | 77 | 82 | 92 |  |  |
| 40 | 70 | 75 | 80 | 90 | 100 |  |
| 39 | 68 | 73 | 78 | 88 | 98 |  |
| 38 | 66 | 71 | 76 | 86 | 96 |  |
| 37 | 64 | 70 | 74 | 84 | 94 |  |
| 36 | 62 | 68 | 72 | 82 | 92 | 100 |
| 35 | 60 | 67 | 70 | 80 | 90 | 98 |
| 34 | 58 | 65 | 68 | 78 | 88 | 96 |
| 33 | 56 | 63 | 67 | 76 | 86 | 94 |
| 32 | 55 | 61 | 66 | 74 | 84 | 92 |
| 31 | 54 | 60 | 64 | 72 | 82 | 90 |
| 30 | 52 | 58 | 63 | 70 | 80 | 88 |
| 29 | 51 | 57 | 61 | 68 | 78 | 86 |
| **28** | **50** | 56 | 60 | 66 | 76 | 84 |
| 27 | 49 | 54 | 58 | 64 | 74 | 82 |
| 26 | 48 | 53 | 57 | 62 | 72 | 80 |
| 25 | 47 | 51 | 56 | 60 | 70 | 78 |
| **24** | 46 | **50** | 54 | 58 | 68 | 76 |
| 23 | 44 | 48 | 53 | 57 | 66 | 74 |
| 22 | 42 | 47 | 51 | 55 | 64 | 72 |
| **21** | 41 | 46 | **50** | 53 | 62 | 70 |

**MEKİK TESTİ DEĞERLENDİRME TABLOSU (DEVAM)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TEKRAR SAY.** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 20 | 0 | 0 | 0 | 51 | 60 | 68 |
| **19** | 0 | 0 | 0 | **50** | 58 | 66 |
| 18 | 0 | 0 | 0 | 0 | 57 | 64 |
| 17 | 0 | 0 | 0 | 0 | 55 | 62 |
| 16 | 0 | 0 | 0 | 0 | 53 | 60 |
| 15 | 0 | 0 | 0 | 0 | 51 | 58 |
| **14** | 0 | 0 | 0 | 0 | **50** | 57 |
| 13 | 0 | 0 | 0 | 0 | 0 | 55 |
| 12 | 0 | 0 | 0 | 0 | 0 | 53 |
| 11 | 0 | 0 | 0 | 0 | 0 | 51 |
| **10** | 0 | 0 | 0 | 0 | 0 | **50** |
| 9 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7 | 0 | 0 | 0 | 0 | 0 | 0 |

**ŞINAV TESTİ DEĞERLENDİRME TABLOSU**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TEKRAR SAY.** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 60 | 100 |  |  |  |  |  |
| 59 | 99 |  |  |  |  |  |
| 58 | 98 |  |  |  |  |  |
| 57 | 97 |  |  |  |  |  |
| 56 | 96 |  |  |  |  |  |
| 55 | 94 | 100 |  |  |  |  |
| 54 | 92 | 98 |  |  |  |  |
| 53 | 90 | 97 |  |  |  |  |
| 52 | 89 | 95 |  |  |  |  |
| 51 | 88 | 93 |  |  |  |  |
| 50 | 87 | 91 | 100 |  |  |  |
| 49 | 85 | 90 | 98 |  |  |  |
| 48 | 84 | 88 | 96 |  |  |  |
| 47 | 83 | 87 | 94 |  |  |  |
| 46 | 82 | 85 | 92 |  |  |  |
| 45 | 80 | 83 | 90 | 100 |  |  |
| 44 | 78 | 81 | 88 | 98 |  |  |
| 43 | 76 | 80 | 86 | 96 |  |  |
| 42 | 74 | 78 | 84 | 94 |  |  |
| 41 | 72 | 77 | 82 | 92 |  |  |
| 40 | 70 | 75 | 80 | 90 |  |  |
| 39 | 68 | 73 | 78 | 88 |  |  |
| 38 | 66 | 71 | 76 | 86 |  |  |
| 37 | 64 | 70 | 74 | 84 |  |  |
| 36 | 62 | 68 | 72 | 82 |  |  |
| 35 | 60 | 67 | 70 | 80 |  |  |
| 34 | 58 | 65 | 68 | 78 |  |  |
| 33 | 56 | 63 | 67 | 76 |  |  |
| 32 | 55 | 61 | 66 | 74 |  |  |
| 31 | 54 | 60 | 64 | 72 |  |  |
| 30 | 52 | 58 | 63 | 70 |  |  |
| 29 | 51 | 57 | 61 | 68 |  |  |
| **28** | **50** | 56 | 60 | 66 | 100 |  |
| 27 | 49 | 54 | 58 | 64 | 95 |  |
| 26 | 48 | 53 | 57 | 62 | 90 | 100 |
| 25 | 47 | 51 | 56 | 60 | 85 | 95 |
| **24** | 45 | **50** | 54 | 58 | 80 | 90 |
| 23 | 44 | 48 | 53 | 57 | 75 | 85 |
| 22 | 42 | 47 | 51 | 55 | 70 | 80 |
| **21** | 41 | 46 | **50** | 53 | 65 | 75 |

**ŞINAV TESTİ DEĞERLENDİRME TABLOSU (DEVAM)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TEKRAR SAY.** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 20 | 40 | 45 | 48 | 51 | 60 | 70 |
| **19** | 38 | 44 | 47 | **50** | 55 | 65 |
| **18** | 36 | 43 | 45 | 48 | **50** | 60 |
| 17 | 34 | 42 | 43 | 46 | 45 | 55 |
| **16** | 32 | 40 | 41 | 44 | 40 | **50** |
| 15 | 30 | 38 | 40 | 42 | 35 | 45 |
| 14 | 28 | 35 | 38 | 40 | 30 | 40 |
| 13 | 26 | 32 | 35 | 38 | 25 | 35 |
| 12 | 24 | 30 | 32 | 35 | 20 | 30 |
| 11 | 22 | 28 | 30 | 32 | 15 | 25 |
| 10 | 20 | 25 | 28 | 30 | 10 | 20 |
| 9 | 18 | 22 | 25 | 28 | 5 | 15 |
| 8 | 16 | 20 | 22 | 25 | 0 | 10 |
| 7 | 14 | 18 | 20 | 23 | 0 | 5 |
| 6 | 12 | 15 | 18 | 20 | 0 | 0 |
| 5 | 10 | 12 | 15 | 18 | 0 | 0 |
| 4 | 8 | 10 | 13 | 15 | 0 | 0 |
| 3 | 6 | 8 | 10 | 13 | 0 | 0 |
| 2 | 4 | 5 | 6 | 10 | 0 | 0 |
| 1 | 2 | 2 | 3 | 5 | 0 | 0 |
| 0 | 0 | 0 | 0 | 0 | 0 | 0 |

**3000 M. KOŞU TESTİ DEĞERLENDİRME TABLOSU**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SÜRE (DK SN)** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 12 00 | 100 |  |  |  |  |  |
| 12 10 | 97 |  |  |  |  |  |
| 12 20 | 94 |  |  |  |  |  |
| 12 30 | 91 |  |  |  |  |  |
| 12 40 | 88 |  |  |  |  |  |
| 12 50 | 85 |  |  |  |  |  |
| 13 00 | 82 | 100 |  |  |  |  |
| 13 10 | 80 | 96 |  |  |  |  |
| 13 20 | 77 | 94 |  |  |  |  |
| 13 30 | 73 | 92 |  |  |  |  |
| 13 40 | 70 | 90 |  |  |  |  |
| 13 50 | 68 | 82 |  |  |  |  |
| 14 00 | 66 | 84 | 100 |  |  |  |
| 14 10 | 64 | 80 | 97 |  |  |  |
| 14 20 | 62 | 78 | 94 |  |  |  |
| 14 30 | 60 | 75 | 91 |  |  |  |
| 14 40 | 59 | 72 | 88 |  |  |  |
| 14 50 | 58 | 70 | 85 |  |  |  |
| 15 00 | 56 | 68 | 82 | 100 |  |  |
| 15 10 | 54 | 66 | 80 | 96 |  |  |
| 15 20 | 52 | 64 | 78 | 94 |  |  |
| **15 30** | **50** | 62 | 75 | 92 |  |  |
| 15 40 | 48 | 60 | 72 | 90 |  |  |
| 15 50 | 46 | 58 | 70 | 87 |  |  |
| 16 00 | 44 | 56 | 68 | 84 |  |  |
| 16 10 | 42 | 54 | 66 | 80 |  |  |
| 16 20 | 40 | 52 | 64 | 78 |  |  |
| **16 30** | 38 | **50** | 62 | 75 |  |  |
| 16 40 | 36 | 48 | 60 | 72 | 100 |  |
| 16 50 | 34 | 46 | 58 | 70 | 98 |  |
| 17 00 | 32 | 44 | 56 | 68 | 96 |  |
| 17 10 | 30 | 42 | 54 | 65 | 94 |  |
| 17 20 | 28 | 40 | 52 | 62 | 92 |  |
| **17 30** | 26 | 38 | **50** | 60 | 90 |  |
| 17 40 | 24 | 36 | 48 | 58 | 88 |  |
| 17 50 | 22 | 34 | 46 | 56 | 86 |  |
| 18 00 | 20 | 32 | 44 | 54 | 84 |  |
| 18 10 | 18 | 30 | 42 | 52 | 82 | 100 |
| **18 20** | 16 | 28 | 40 | **50** | 80 | 98 |
| 18 30 | 14 | 26 | 38 | 48 | 78 | 96 |
| 18 40 | 12 | 24 | 36 | 46 | 76 | 94 |

**3000 M. KOŞU TESTİ DEĞERLENDİRME TABLOSU (DEVAMI)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SÜRE (DK SN)** | **YAŞ GRUBUNA GÖRE PUAN** | | | | | |
| **21 – 25** | **26 – 30** | **31 – 35** | **36 – 39** | **40–44** | **45–50** |
| 18 50 | 10 | 22 | 34 | 44 | 74 | 92 |
| 19 00 | 8 | 20 | 32 | 42 | 72 | 90 |
| 19 10 | 6 | 18 | 30 | 40 | 70 | 88 |
| 19 20 | 4 | 16 | 28 | 38 | 68 | 86 |
| 18 50 | 10 | 22 | 34 | 44 | 74 | 92 |
| 19 30 | 2 | 14 | 25 | 35 | 66 | 84 |
| 19 40 | 0 | 12 | 22 | 32 | 64 | 82 |
| 19 50 |  | 10 | 20 | 30 | 62 | 80 |
| 20 00 |  | 6 | 18 | 28 | 60 | 78 |
| 20 10 |  | 3 | 15 | 25 | 58 | 76 |
| 20 20 |  | 0 | 12 | 22 | 56 | 74 |
| 20 30 |  |  | 7 | 20 | 54 | 72 |
| 20 40 |  |  | 3 | 17 | 52 | 70 |
| **20 50** |  |  | 0 | 13 | **50** | 68 |
| 21 00 |  |  |  | 10 | 48 | 66 |
| 21 10 |  |  |  | 7 | 46 | 64 |
| 21 20 |  |  |  | 3 | 44 | 62 |
| 21 30 |  |  |  | 0 | 42 | 60 |
| 21 40 |  |  |  |  | 40 | 58 |
| 21 50 |  |  |  |  | 38 | 56 |
| 22 00 |  |  |  |  | 36 | 54 |
| 22 10 |  |  |  |  | 34 | 52 |
| **22 20** |  |  |  |  | 32 | **50** |
| 22 30 |  |  |  |  | 30 | 48 |
| 22 40 |  |  |  |  | 28 | 46 |
| 22 50 |  |  |  |  | 26 | 44 |
| 23 00 |  |  |  |  | 24 | 42 |
| 23 10 |  |  |  |  | 22 | 40 |
| 23 20 |  |  |  |  | 20 | 38 |
| 23 30 |  |  |  |  | 18 | 36 |
| 23 40 |  |  |  |  | 16 | 34 |
| 23 50 |  |  |  |  | 14 | 32 |
| 24 00 |  |  |  |  | 12 | 30 |
| 24 10 |  |  |  |  | 10 | 28 |
| 24 20 |  |  |  |  | 8 | 26 |
| 24 30 |  |  |  |  | 6 | 24 |
| 24 40 |  |  |  |  | 4 | 22 |
| 24 50 |  |  |  |  | 2 | 20 |
| 25 00 |  |  |  |  | 0 | 18 |
| 25 10 |  |  |  |  |  | 16 |